



COCHIN UNIVERSITY OF SCIENCE AND TECHNOLOGY

Cochin University P.O. Kochi – 22

5.6.6 Does your university as a body have women's mentoring schemes, in which at least 10% of female students participate?

University offers structured mentoring schemes specifically aimed at supporting female students in their academic and professional journeys. These mentoring programs provide female students with access to experienced mentors, including faculty, alumni, and industry professionals, who offer advice on career development, skill-building, and personal challenges. The program's design reflects the University's commitment to addressing gender-specific challenges, fostering a supportive community, and helping female students reach their full potential. With participation rates exceeding 10% among female students, these mentoring schemes play an integral role in promoting women's empowerment and success within the University.

Supporting document

1. Mentoring scheme: Every student is attached with dedicated faculty for the purpose of mentoring from their time of admission to exit.
2. Counselling: A counseling cell, led by a professional counselor, is available to address all aspects of student counseling needs. The cell provides support for students' personal and professional concerns, ensuring their campus experience and academic journey are positive and any grievances related to campus life or studies are effectively addressed.

These includes

- a) A [mind behavior studio](#) at CUSAT is an initiative aimed to revamp, develop, polish and redefine the better human inside the students along with the application of positive psychology through one to one approach, where students will get a confidential space to ventilate their feelings, a slot to open up and healing to their micro blocks which hinder their psychological and personal development. The services will assist them to intensify positive and free thinking which helps them to shape their personality and career.
- b) [Department of Youth Welfare](#) is a formal platform in the university to design and implement youth policy which includes the issues related to motivation, participation, promotion and socio-economic and cultural settings within which young people grow up. The department conducts short-term training programs in the areas of arts, soft skills, and personality development with an objective of achieving 5 C's – Competence, Creativity, Confidence, Compassion, and Communication.
- c) Women hostels are available within the university campus: Providing safe, comfortable and home stay for students from various part of the country and abroad.
- d) Women's Studies Center: WSC staff including eminent faculty staff provides suitable mentoring and support the women students.

Documents

1. Mind behavior studio-

[https://iqac.cusat.ac.in/uploads/web/files/CUSAT Mind Behaviour Studio Doc1.pdf](https://iqac.cusat.ac.in/uploads/web/files/CUSAT_Mind_Behaviour_Studio_Doc1.pdf)

2 . Department of Youthwelfare-<https://welfarecusat.in/>