

OUTREACH PROJECTS/ACTIVITIES ON EDUCATION, HEALTH, INFORMATION SERVICES, READING, COMMUNITY ENGAGEMENT, TUTORIALS FOR THE LOCAL COMMUNITY

National Service Scheme (NSS) of CUSAT is actively involved in conducting outreach programmes which serves the society at large. The major activities of the academic year 2022-23 are highlighted below:

1. Cleaning and Preservation of Water bodies

NSS volunteers striving to promote awareness on water conservation organized cleanliness drives around water bodies and collaborate with local authorities to protect and rejuvenate these vital natural resources.

- On 19.03.2022, more than 250 dedicated volunteers undertook initiative to restore and renovate Periyar Valley Irrigation Canal.
- Beach Cleaning activity at Valappu beach on National Ocean Day, September 17, 2022 as part of Swach Sagar Abhiyan.
- Volunteers cleaned Fortkochi beach along with activists of other social organisations.
- Volunteers were actively involved in Pond Cleaning of Peringazha, Ward 10 of Kalamassery as part of Major Camp of December 2022.





2. Health, Medical Camp and Blood Donation

On annual basis, medical camps and blood donation camps are thoughtfully organised, providing a platform for volunteers to contribute selflessly to the noble act of blood donation.

- Arranged a free Ayurveda medical camp on march 8th 2023 in association with Santhigiri Ayurveda & Siddha Hospital (Thrikkakara P.O., Vazhakkala, Kakkanad) on the International Women's Day.
- On 19thNovember 2022, NSS CUSAT with the eye care foundation and Aster Medicity organized a one-day medical camp which was open to the general public of WARD 26.
- A group of 100 volunteers supported the "*Oppam*" medical camp organized by P.Rajeev, Minister of Industries, Govt of Kerala where 35 volunteers actively engaged in help-desk management and directing patients to doctors and laboratories.
- On 27/12/22, conducted free eye-dental medical camp in association with Amrita Institute of Medical Sciences, Ernakulam. More than 225 people attended the camp, out of which 23 patients are recommended for free cataract surgery, 91 for free dental treatment.









3. Tribal products, Art and Culture, Promoting traditional knowledge

- Art and Cultural Heritage Meet 'Natulsavam' was held on 11th, 12th and 13th of October, 2022 at CUSAT Thrikakkara Campus in association with Kerala Folklore Academy and about 1000 National Service Scheme volunteers at 3 campuses of Cusat actively participated to create awareness to public, specifically youth in this age where the grandeur of the past and the uniqueness of art and culture are being forgotten. The three day workshop ensured the participation of tribal community to showcase their products, art, culture and traditional knowledge.
- On 12.10.2022, as part of Nattulsavam 'Kalasadhya' was prepared to convey the importance of traditional knowledge to the public.



4. Continuous activities in adopted wards were conducted by the volunteers as part of the major camp of December, 2022. Some activities include:

- Organic farming in school premises
- Reconstruction of house of economically backward people
- Plantation of fruit bearing trees in barren land



- Park construction in Ward 10 of Kalamassery (Peringazha)
- Christmas and New Year Celebration with members of local community in association with Federal Bank

5. Renovation and Cleaning Drives

The NSS volunteers worked hard to renovate and clean designated areas to make the society a better place to live in.

- The Kesari Smaraka Library, Thrikkakara was renovated by painting the walls of the library and beautification by drawing pictures.
- Volunteers involved in the beautification of Anganwadi in Thrikkakara by painting and planting several saplings.



- On 27.03.2022, a cleaning drive was conducted at Wagamon Tourists Centre as part of special camp.
- Cleaning the children's park in the government LP school in North Kalamassery, Ward No. 5 on 25th December, 2023.
- Cleaning and setting of the vegetable garden in front of Anganwadi in North Kalamassery, Ward No. 5 on 25th December, 2023.





6. Activities for Tribal Community

- As part of Gandhi Jayanthi Celebration and Sevana Vaaram, groceries kit was distributed to tribal village families of Villimoola Colony of Kolampatta, Meenangadi Grama Panchayat in Wayanad District.
- Conducted 30 days crash entrance coaching for eleven tribal students at Tribal hostel, Mathirappilly. Nine of them cleared CAT entrance and one joined for LLB at CUSAT.
- Cloth distribution to tribal communities in association with swapnakkoodu charity, Perumbavur on 18th November, 2022.

